

Stewart Cubley Resume

Stewart Cubley is founder of The Institute for Art and Living (aka The Painting Experience). For over forty years he has pioneered a way of integrative and creative living through the practice of process painting. His method is one of respectful questioning that invites participants to extend themselves into new areas of thought and feeling. He has brought his work to multinational corporations, art therapy organizations, professional conferences, programs in prisons and countless public forums. His workshops are sponsored through The Institute for Art and Living and provides CE credits through the California Board of Behavioral Science and the California Board of Registered Nursing.

Stewart is the co-author of *Life, Paint & Passion: Reclaiming the Magic of Spontaneous Expression*, (Tarcher/Putnam).

Professional Experience

Stewart has conducted classes, seminars, lectures and public workshops in the creative process at renowned centers for personal growth and development, including:

- Esalen Institute, Big Sur, California 1982 - 2024)
- Omega Institute, Rhinebeck, New York (1985 - present)
- Kripalu Center, Stockbridge, MA (2012 - 2015)
- Hollyhock Farms, Cortes Island, British Columbia (1999 - 2005)
- Breteinbush Retreat Center, Detroit, Oregon (2002 - 2019)
- Hui Ho'olana Retreat Center, Molokai, Hawaii (1997 - present)
- Georgia Art Therapy Association, Atlanta, GA (2010)
- Hawaiian Art Therapy Association, Honolulu, Hawaii (2001)
- Canadian Art Therapy Institute, Vancouver, BC (1998 -1999)

Present

Director of The Institute for Art and Living, a nonprofit arts educational organization. Conducts onsite and online classes, workshops, retreats and courses in process painting for The Painting Experience.

2023 - present

Created and supervised the Process Arts Associate program for graduates of the Affiliate Program, designed to create a supportive community of trainers in the Process Arts.

2021 - present

Created and supervised the Process Arts Affiliate program, a supervised online group facilitation practice designed to give advanced facilitator training in a supportive environment under the guidance of Painting Experience trainers.

2019 - present

Created and supervised the Process Arts Practicum, a supervised online group facilitation practice designed to give first-hand experience working directly with others in a supportive environment under the guidance of Painting Experience trainers.

2017 - present

Created and monitored an online course "Introduction to Facilitating Process Arts: Module Two" on a web course platform as the next level of training for those interested in becoming facilitators of process painting.

2016 - present

Initiated and monitored an online course "Introduction to Facilitating Process Arts: Module One" on a web course platform for those interested in integrating the facilitation of process painting into their own teaching or therapeutic modality. A prerequisite of this course is a minimum of two years experience painting with The Painting Experience in workshops or online classes.

2015 - present

Conducts weekly online painting sessions with groups, monthly webinars for his online courses and personal online mentoring sessions.

2015

Initiated the Apprenticeship Program in Process Arts, an experiential course for professionals from various disciplines to explore the possibilities of personal change through deepening one's connection to the creative source. Graduation of the first class took place in November 2015.

1999-2000

Conducted expressive painting seminars for inmates of San Quentin State Prison as part of a pre-release program.

1996-2025

Director, The Painting Experience, leading workshops and seminars on the road throughout United States, Canada and Europe.

1997-2000

Facilitated a three-year program with Lucent Technologies in Naperville, Illinois. Conducted workshops for the company's engineering staff to enhance creative action in the workplace.

1996

Co-authored *Life, Paint & Passion: Reclaiming the Magic of Spontaneous Expression* (Tarcher/Putnam) with Michell Cassou.

1983-1996

Director, The Painting Experience Studio, San Francisco, California.

1982

Founded nonprofit arts education organization: Institute For Art and Living, San Francisco, California.

1981-1983

Faculty member, John F. Kennedy University, Arts and Consciousness Program, Orinda, California.

1979-1980

Project Coordinator, Holistic Life University, Artists-in-Schools Program, California Arts Council Grant.

1979-1984

French American Bilingual School, San Francisco, California. After school painting classes and parent education.

1978-1980

Feldenkrais Training Program, Humanistic Psychology Association, Lone Mountain College, San Francisco, CA
French American Bilingual School, San Francisco, California.

1977-1978

Director, San Francisco Art Therapy Center, San Francisco, California.

1975-1977

Adult Education Classes in Art, Faultline Institute, Bolinas, California.

1976

Standard Designated Teaching Credential, Adult Education, Art, State of California.

1975

Co-Founder of The Painting Experience Studio, Bolinas, California.

1974-1975

Traveling in Europe

1971-1974

Personal Retreat, Alaskan Wilderness Hermitage

Formal Education

1970-1972

Research Assistant, Geophysical Institute, Fairbanks, Alaska

1970

M.S. in Engineering, Brown University, Providence, Rhode Island

1968

B.S. in Engineering, University of Rochester, Rochester, New York